

Lighter options

Enjoy the feeling and taste of our lighter meal options. Substitute a salad for fries, order dressing on the side or choose whole wheat instead of white toast to keep things light and delightful.

Soups and salads

Soup of the day – Made fresh daily.

Garden salad – Fresh greens topped with tomato, cucumber, carrot and our house dressing. Add chicken.

Caesar salad – Romaine lettuce tossed with creamy Caesar dressing, Parmesan cheese, bacon bits and croutons. Add chicken. Served with garlic toast.

Chef salad – Mixed greens with turkey, shaved ham, bacon, boiled egg, cucumber, tomato, carrot and shredded cheddar cheese.

Sandwiches, wraps and more...

Chicken BLT sandwich – Seasoned grilled chicken, bacon, tomato, lettuce, and mayo on an artisan-style bun or in a wrap. If you like it hot, ask for spicy!

Classic clubhouse – Roasted turkey, bacon, lettuce and tomato stacked high between three layers of toast.

Western sandwich – Traditional Western with egg, ham, green peppers and onions.

Chicken Caesar wrap – A soft tortilla filled with grilled chicken, crisp bacon, lettuce and Caesar dressing.

Seafood favourites

Pan-fried fish – Two lightly seasoned fillets, pan-fried to a golden brown. Served with vegetables and your choice of potato.



Fish tacos – Two soft shell tacos filled with cilantro-slaw, lightly breaded fish and chipotle mayo.



Item availability may vary by location. Ask your server for more details.



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Classic Big Stop dinners

Roast turkey – Hand-carved, roasted turkey topped with savoury dressing and homestyle gravy. Served with cranberry sauce, mashed potatoes and vegetables.

Chicken stir-fry – Grilled chicken and a medley of mixed vegetables stir-fried with your choice of Teriyaki or spicy Thai chilli sauce. Served over rice pilaf.

Liver and onions – Tender beef liver sautéed with onions. Served with vegetables and your choice of potato. A homestyle favourite.

Burgers THE BEYOND BURGER

California burger – Featuring The Beyond Burger,[®] a revolutionary 'meaty' plant-based burger topped with spicy Havarti cheese, lettuce, tomato, avocado, and chipotle mayo.

While supplies last.



All-day breakfast

Traditional breakfast – Two eggs any style with your choice of bacon, ham, sausage or bologna. Served with home fries and toast.

Big Stop omelette -

Packed with onions, mushrooms, green pepper, tomato, cheddar cheese and your choice of bacon, ham, sausage or bologna. Served with home fries and toast.

Eggs benedict – A toasted English

muffin with two poached eggs, shaved ham and creamy hollandaise sauce. Served with home fries.



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