

## all-day breakfast sandwiches\*

choice of sausage, bacon or ham with breakfast sandwiches

meat lover's breakfast sandwich	6.99
crispy chicken breakfast biscuit	5.99
biscuit breakfast sandwich	4.99
croissant breakfast sandwich	4.99
bagel breakfast sandwich	5.49
English muffin breakfast sandwich	4.99

\*even more breakfast selections available 6 am – 11 am



meat lover's brioche

## bakery

donuts	1.49 – 2.49
muffins	2.49
cookies	1.29 – 1.49



## hot, crispy chicken

### tasty tenders

3-piece chicken tender meal	7.99
6-piece chicken tenders	8.99

### scrumptious sandwiches

chicken sandwich	5.99
spicy chicken sandwich	5.99
chicken club sandwich	7.99
Parmesan chicken sandwich	7.99

### wicked wings

8-piece wings	8.99
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### sides

mac & cheese	4.99
French fries	2.99
4-mozza sticks	4.99
jalapeno poppers	4.49

## located at:

Rutland Irving:  
258 South Main Street  
Rutland, Vermont 05701  
(802) 775-9021

our kitchen is open  
Monday – Friday > 6 am – 5 pm  
Saturday – Sunday > 7 am – 1 pm

**THE IRVING**  
market & deli

# feel good food



turkey club baguette

fresh to go available during  
regular store hours

If you or anyone in your group has a food allergy, please let us know before ordering. Prices are subject to change. Taxes are not included.

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

## sandwiches

served on sourdough, wheat berry

chicken salad	6.99
tuna salad	6.99
egg salad	5.99
ham & cheese	6.99
roast beef	7.99
turkey breast	7.99

## baguettes

turkey club	9.99
all meat	10.99
beef and swiss	10.99
italian meatball	9.99



ham & cheese  
on sourdough

## make it a meal 2.99

add a medium beverage and choice of side:  
side salad | coleslaw | potato salad | chips  
cookies +.99¢  
mac & cheese +.99¢



chef salad

## fresh sides

	side	full
Caesar salad	4.99	7.99
Caesar salad with chicken crispy or grilled		9.99
house salad	3.99	6.99
chef salad		9.99
creamy coleslaw	3.99	6.99
potato salad	3.99	7.99
pasta salad	3.99	5.99
fruit cups	3.99	5.99
potato wedges	2.99	

coleslaw



potato salad

## burgers

our burgers are served on a butter-toasted brioche bun with your choice of lettuce, freshly sliced tomatoes, pickles and onions.

hamburger	5.99
cheeseburger	6.99
bacon cheeseburger	7.99



bacon  
cheeseburger

## pizzas

	slice	16-inch
all-dressed	3.79	13.99
all-meat	3.79	13.99
BBQ chicken	3.79	14.99
buffalo chicken	3.79	14.99
cheese	3.79	10.99
pepperoni	3.79	11.99
Italian meatball	3.79	13.99



all-dressed

made fresh every day – just the way you like it