

## all-day breakfast sandwiches\*

egg and cheese with choice of sausage, bacon or ham

meat lover's breakfast sandwich	6.99
biscuit breakfast sandwich	4.99
croissant breakfast sandwich	4.99
bagel breakfast sandwich	5.49
English muffin breakfast sandwich	4.99



meat lover's  
breakfast sandwich

## bakery

donuts	1.49 – 2.49
muffins	2.49
cookies	1.29 – 1.49



fresh to go available during  
regular store hours

## hot, crispy chicken

### tasty tenders

3-piece chicken tender meal	7.99
6-piece chicken tenders	8.99

### scrumptious sandwiches

chicken on a butter toasted bun	5.99
spicy chicken on a butter toasted bun	5.99
crispy chicken and cheese breakfast biscuit	5.99
chicken club on a butter toasted bun	7.99
Parmesan chicken on a butter toasted bun	7.99
crispy chicken ranch wrap	7.99
crispy chicken Caesar wrap	7.99

### wicked wings

8-piece wings	8.99
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### sides

mac & cheese	4.99
French fries	2.99
4-mozza sticks	4.99
jalapeno poppers	4.49

## located at:

Rutland Irving:  
258 South Main Street  
Rutland, Vermont 05701  
802.775.9021

our kitchen is open  
Monday – Friday > 5 am – 5 pm  
Saturday – Sunday > closed

If you or anyone in your group has a food allergy, please let us know before ordering. Prices are subject to change. Taxes are not included.  
\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

**THE IRVING**  
market & deli

## feel good food



turkey club baguette

258 South Main Street  
Rutland, Vermont  
802.775.9021

## sandwiches

served on sourdough, wheat berry

chicken salad	6.99
tuna salad	6.99
egg salad	5.99
ham & cheese	6.99
roast beef	7.99
turkey breast	7.99

## baguettes

turkey club	9.99
all meat	10.99
beef and swiss	10.99
italian meatball	9.99



ham & cheese  
on sourdough

## make it a meal 2.99

add a medium beverage and choice of side:  
side salad | coleslaw | potato salad | chips  
cookies +.99¢  
mac & cheese +.99¢



chef salad

## fresh sides

	side	full
Caesar salad	4.99	7.99
Caesar salad with chicken crispy or grilled		9.99
house salad	3.99	6.99
chef salad		9.99
creamy coleslaw	3.99	6.99
potato salad	3.99	7.99
pasta salad	3.99	5.99
fruit cups	3.99	5.99
potato wedges	2.99	

coleslaw



potato salad

## burgers

our burgers are served on a butter-toasted bun  
with your choice of lettuce, freshly sliced tomatoes,  
pickles and onions.

hamburger	5.99
cheeseburger	6.99
bacon cheeseburger	7.99



bacon  
cheeseburger

## pizzas

	slice	16-inch
all-dressed	3.79	13.99
all-meat	3.79	13.99
BBQ chicken	3.79	14.99
buffalo chicken	3.79	14.99
cheese	3.79	10.99
pepperoni	3.79	11.99
Italian meatball	3.79	13.99



all-dressed

made fresh every day – just the way you like it